

# Art Therapy Social Skills Group

Could your child or teen use some assistance learning social skills and developing fine motor skills? At Owens Counseling we are offering TWO art therapy groups where they can:

- Practice patience
- Learn and practice healthy communication skills
- Recognize and name positive and uncomfortable emotions
- Express themselves through using creativity and art materials



## Group Details:

**Location: St. Charles**  
**1118 E. Main, Suite 2A**

**Day/Time: Tuesdays**

**Ages 9-13 3:30-4:30**

**Ages 14-18 5:00-6:00**

**Facilitated by: Jessica Mascenic,**  
**Registered Art Therapist and**  
**Licensed Professional Counselor**

**Due to limited seats available,**  
**Registration is Required**

**Contact us at 847-854-4333 to**  
**reserve your spot now!**

**For more information, email**  
**[jmascenic@owenscounseling.com](mailto:jmascenic@owenscounseling.com)**

